



September is
National Head Lice Prevention Month

Education is key!

1. The first line of defense of head lice prevention starts at home with parents being diligent in performing a weekly head check on their child.

- If found, treat child's hair. Most new treatments take only 10 minutes. **Please follow instructions if over the counter treatments are used.**
- Wash sheets and pillowcase on child's bed.
- Bag any stuffed animal for 48 hours that the child has snuggled with.
- Vacuum fabric seats where child has sat.
- Inform those whom your child has been in close contact with.

2. School nurses are the second line of defense.

- Let the school nurse know as soon as possible if bugs or nits are found. Siblings will be checked at that time.
- Once head is treated, bring the child to the nurse upon return to school.
- If no live lice, the child may return to class. If there are live lice, the child will return home with further instructions.
- In 7-10 days after treatment the child's hair will be checked to confirm no live lice.

There are no lice in schools on Mondays as they don't live more than 48 hours without being on hair.

Lice do not carry disease nor are they a health risk.
They are annoying little bugs!

